

Central Leisure Centre Overview - Sports Club Database

Name of Club	Sport	Day they use the centre	Time they use the centre	Different Sections (Adult or Junior)	Governing Body/Sport England Accreditation (Club Mark etc)
RAMS BADMINTON ROB DYMOND M.O.D WATFORD SWIM CLUB	BADMINTON. BADMINTON SWIMMING SWIMMING	MONDAY MONDAY MONDAY MONDAY	7-9PM 9-11PM 11-12 NOON 7.30-8.30PM	ADULT ADULT ADULT ADULT	Learn 2 Accreditation
WATFORD GRACIE JUI JITSU	MARTAIL ARTS	MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY	5.30-7PM 7-10PM 4.30-6PM AND 8-10PM 5-9PM 6.30-10PM 2-5PM 10.30AM-12 NOON	ADULTS/JUNIOR ADULTS JUNIOR/ADULTS JUNIOR JUNIOR/ADULT JUNIOR JUNIOR	Martials Arts - TBC
GEORGE FREWIN PARKSTRET DADS RICKY BADMINTON	BADMINTON BADMINTON BADMINTON	TUESDAY TUESDAY TUESDAY	5-6PM 8-9PM 7.30-9PM	ADULT ADULT ADULT	
IMAGINATION TECH C HODGES KAYALAIR DINESH LITTLE GREEN SCHOOL PARKGATE SCHOOL LAURANCE HAINES	BASKETBALL BADMINTON. BADMINTON SWIMMING SWIMMING SWIMMING	WEDNESDAY WEDNESDAY WEDNESDAY WEDNESDAY WEDNESDAY WEDNESDAY	7-8PM 8-10PM 9-10PM 10-10.30AM 10.30-11.00AM 2-2.30PM	ADULT ADULT ADULT JUNIOR. JUNIOR JUNIOR	

HERTS CHEERLEADERS MEGHA BADMINTON MALCOLM PUNTIS SILVER FC M.O.D BECHFIELD SCHOOL HOLYWELL SCHOOL WATFORD SWIM CLUB UNDERWATER CLUB	CHEERLEADING BADMINTON BADMINTON FOOTBALL SWIMMING SWIMMING SWIMMING SWIMMING SWIMMING	THURSDAY THURSDAY THURSDAY THURSDAY THURSDAY THURSDAY THURSDAY THURSDAY THURSDAY	5.30-7.30PM 7-8PM 8-9PM 9-10PM 11-12NOON 1.30-2PM 2-2.30PM 7-9PM 9-10PM	JUNIOR ADULT ADULT ADULT ADULT JUNIOR JUNIOR JUNIOR/ADULTS ADULTS	
CHATER SCHOOL BEECHFIELD SCHOOL CENTRAL PRIMARY SCHOOL HOLYROOD SCHOOL WATFOTRD NATURIST CLUB	SWIMMING SWIMMING SWIMMING SWIMMING SWIMMING	FRIDAY FRIDAY FRIDAY FRIDAY FRIDAY	10-11AM 1-1.30PM 1.30-2PM 2-2.30PM 9-10PM	JUNUIOR JUNIOR JUNIIOR JUNIOR ADULT/JUNIOR	
SAJJAD GOVANI FOOTIE BUGS GKR SEA LION SWIM CLUB SEA LION	FOOTBALL FOOTBALL KARATE SWIMMING BADMINTON	SATURDAY SATURDAY SATURDAY SATURDAY SATURDAY	8AM-9AM 9.30AM-12.30PM 10.30-11.30AM 5-6PM 5-6PM	ADULT JUNIOR JUNIOR JUNIOR/ADULTS JUNIOR/ADULTS	
GS TENNIS	SHORT TENNIS	SUNDAY	10.30-12NOON	JUNIORS	

- **Figures correct October 2015**